

Name _____ Date _____

Instructions: Read each question carefully and choose the best answer.

1. What is a **footpath**?
 - Ⓐ a trail that leads to the top of a mountain
 - Ⓑ a narrow trail or path made for people to walk along
 - Ⓒ a wide trail that allows people and horses to use it
 - Ⓓ a trail that people create as they hike in dense forests
2. Which of the following helped prevent Ben from feeling homesick while he was away?
 - Ⓐ staying in touch with loved ones
 - Ⓑ having his gear fully stocked and organized
 - Ⓒ finding shelter on rainy days
 - Ⓓ meeting new hikers on the trail
3. What is the main idea of the section "Preparation is Key"?
 - Ⓐ Ben has wanted to hike the Appalachian Trail since he was a kid.
 - Ⓑ Ben works as a therapist and needed a break from his job.
 - Ⓒ Ben was able to complete his hike in six months.
 - Ⓓ Ben spent several months planning and preparing for his hike.
4. Which of the following words best describes Ben?
 - Ⓐ lazy
 - Ⓑ peaceful
 - Ⓒ nervous
 - Ⓓ determined
5. Which word means *reached the highest point of a mountain*?
 - Ⓐ traversed
 - Ⓑ summited
 - Ⓒ acclimated
 - Ⓓ achieved

Quick Check continued on following page

Name _____ Date _____

6. Which of the following lessons did Ben learn after completing his hike?
 - Ⓐ Help others and they will return the favor one day.
 - Ⓑ It is important to be a good friend to others.
 - Ⓒ You can accomplish any goal you set your mind to.
 - Ⓓ Family is the most important thing in the world.
7. How is the Appalachian Trail different from other trails in the United States?
 - Ⓐ It is the longest hiking-only footpath.
 - Ⓑ It crosses the most difficult terrain.
 - Ⓒ It ends at the highest point in the United States.
 - Ⓓ It is the most expensive hike to complete.
8. What did Ben do every few days while on the trail?
 - Ⓐ He found a group of hikers to walk with.
 - Ⓑ He went into a nearby town to replenish his supplies.
 - Ⓒ He found shelter to sleep in.
 - Ⓓ He went fishing and enjoyed a fresh dinner.
9. Why might hikers prefer foods that are easy to prepare?
 - Ⓐ They don't have access to a kitchen to cook meals.
 - Ⓑ They can get sick eating heavy foods.
 - Ⓒ They need easy-to-prepare foods to satisfy their cravings.
 - Ⓓ They like the taste of those foods best.

Quick Check continued on following page

Name _____ Date _____

10. Read this sentence from the book: *My fondest memories were those times when a challenge that seemed **insurmountable** turned into something beautiful.* What is another word for **insurmountable**?

- Ⓐ amazing
- Ⓑ incredible
- Ⓒ impossible
- Ⓓ easy

11. Extended Response: Why do only a few hundred hikers succeed in thru-hiking the Appalachian Trail each year? Use evidence from the text to support your answer.

12. Extended Response: Would you hike the Appalachian Trail? Why or why not? Use evidence from the text to support your reasoning.

Quick Check Answer Sheet

Hiking the Appalachian Trail

Main Comprehension Skill: Make Inferences / Draw Conclusions

1. Ⓑ Vocabulary
2. Ⓐ Make Inferences / Draw Conclusions
3. Ⓓ Main Idea and Details
4. Ⓓ Make Inferences / Draw Conclusions
5. Ⓑ Vocabulary
6. Ⓒ Make Inferences / Draw Conclusions
7. Ⓐ Compare and Contrast
8. Ⓑ Sequence Events
9. Ⓐ Make Inferences / Draw Conclusions
10. Ⓒ Vocabulary
11. Answers will vary but should include some of the following reasons from the book: *Hiking the Appalachian Trail requires a lot of time, money, physical strength, mental strength, bravery, confidence in yourself, and so on.*
12. Answers will vary but should give a valid reason as to why the student would or would not want to hike the Appalachian Trail, citing specific evidence from the text.